

Data Report: August 2023

(showing data to the end of July 2023)

This report provides data on Foodbank use up to the previous month.

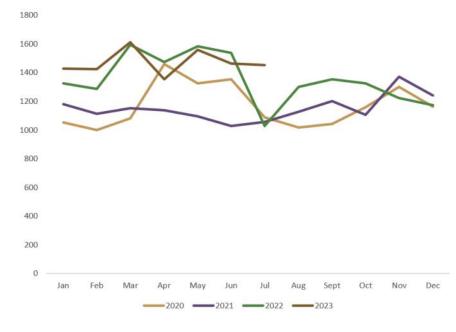
Key messages from the data:

- Although the number of visits decreased slightly from June, it was significantly higher (41%) than in last July. The top graph on page 2 shows that the number of visits normally shows a significant reduction in July. Although we cannot identify definite reasons for this, we normally attribute it to other supports available during the summer holidays (such as Fife Council's Café Inc). We also see reductions in the other school holiday months of April and October. However, the level of demand has been very different this July.
- Overall, in the first 7 months of the year, we have seen a 5% increase in the number of visits (not including visits for extras). This is despite the changes we made last July. The upward trend is shown in the 2nd graph on page 2 (which does include visits for extras in the total count).
- The table on page 3 shows that the proportion of family parcels that we gave out in July was very similar to other months. The proportion of people receiving food who are children was also very similar (see the table on page 4). The graph on page 3 shows that the number of family and single parcels showed an increase, whilst parcels for couples and extras showed a slight decrease.
- The graph on page 4 shows that all distribution points, other than New Volunteer House, saw an increase in the proportion of people receiving food who are children. The increase at Burntisland is particularly marked. However, looking back over a few months, that graph shows we continue to see a difference between Viewforth and Linton Lane on one hand, and New Volunteer House and Burntisland on the other.
- The graph on page 6 shows the number of different parcel sizes we gave out in June at each of our distribution centres. It shows a continued clear difference in the proportion of different parcels given out there are considerably less family parcels given out at New Volunteer House and Burntisland. However, there were particular differences at Burntisland last month with the number of family parcels increasing and the number of extras decreasing.

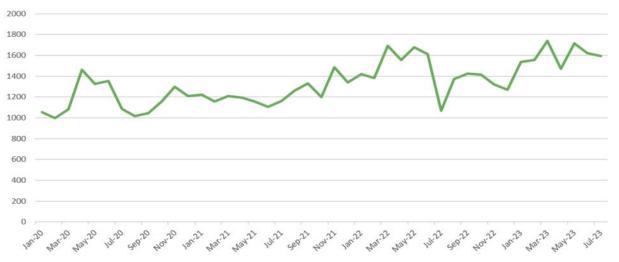
NB: In July 2022 we made significant changes to our way of working as from that date we limited people to one food parcel per week. Previously, we limited people to one every 3 days, so some received more than one parcel in a week. Our volunteers may still provide some extras in the same week, but not more than one food parcel. We required to make these changes as the increase in demand for our services, increases in food prices and reductions in donations meant that we were not financially sustainable. This change is very likely to have reduced the number of visits we record each month since mid-July.

Table and graph showing number of visits (not including visits for extras only) —the table also shows the change from the same month in the previous year as a percentage

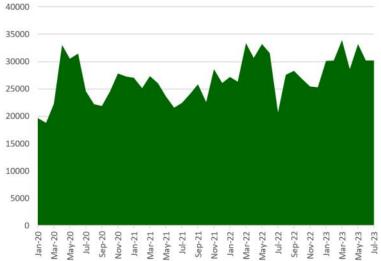
NUMBER OF VISITS (not including					
those for extras only)					
	2022	2023	% change from 2022		
Jan	1326	1427	7.6%		
Feb	1285	1424	10.8%		
Mar	1595	1612	1.1%		
Apr	1475	1352	-8.3%		
May	1582	1559	-1.5%		
Jun	1537	1462	-4.9%		
Jul	1027	1452	41.4%		
Aug	1301				
Sept	1354				
Oct	1327				
Nov	1223				
Dec	1173				



Graph showing number of visits (including those for extras only)



Graphs and table showing the different parcel sizes given out and the total number of meals provided



Graph showing the total number of meals provided

in 2020—2023 (table and one graph on next page)

(NB the total number of meals figure is calculated by multiplying the number of parcels x size of parcel (single, couple or family etc) x 3 days x 3 meals a day. Therefore it is an indicative and not exact figure. As 'Extras only' means that a full parcel was not given on that visit, they have not been taken into account in calculating the total number of meals or people provided with food.)

Table showing the different parcel sizes given out and the total number of meals provided in this and the previous year

month	Single	Couple	Family	Single + Couple	Extras (not in- cluded in total meals or people)	Total number of meals provided	%age change from previ- ous year in number of meals provided	proportion of singles	proportion of family
Jan-22	510	373	439	4	94	27216	0.5%	38.5%	33.1%
Feb-22	496	349	434	3	97	26325	4.8%	38.7%	33.9%
Mar-22	606	426	562	1	99	33381	22.0%	38.0%	35.2%
Apr-22	573	383	514	5	81	30690	18.0%	38.8%	34.8%
May-22	618	392	570	2	98	33192	40.5%	39.1%	36.0%
Jun-22	619	391	527	0	76	31581	46.4%	40.3%	34.3%
Jul-22	415	280	331	1	41	20718	-7.6%	40.4%	32.2%
Aug-22	466	367	463	5	70	27603	14.6%	35.8%	35.6%
Sep-22	503	376	473	0	69	28323	9.5%	37.2%	35.0%
Oct-22	514	388	423	2	88	26892	19.2%	38.7%	31.9%
Nov-22	448	357	415	3	98	25479	-10.9%	36.6%	33.9%
Dec-22	400	341	428	4	95	25254	-3.1%	31.5%	33.8%
Jan-23	531	383	512	1	108	30132	10.7%	37.2%	35.9%
Feb-23	530	375	516	3	131	30177	14.6%	37.2%	36.2%
Mar-23	611	423	576	2	129	33903	1.6%	37.9%	35.7%
Apr-23	494	371	485	2	120	28638	-6.7%	36.5%	35.9%
May-23	579	402	573	5	155	33210	0.1%	37.1%	36.8%
Jun-23	569	390	502	1	158	30240	-4.2%	38.9%	34.3%
Jul-23	583	351	515	3	141	30186	45.7%	40.2%	35.5%

Graph showing the different parcel sizes given out: 2020—2023

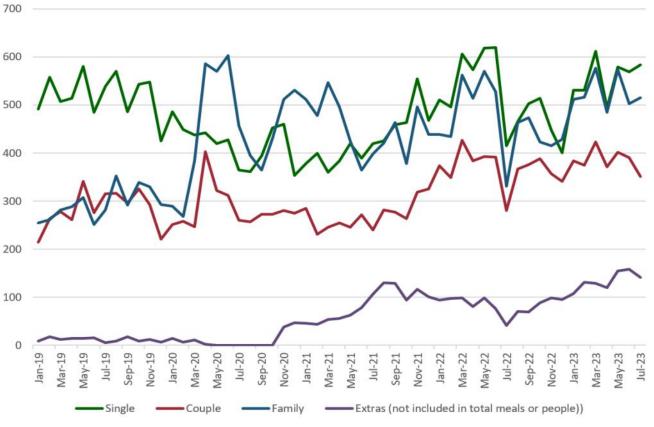
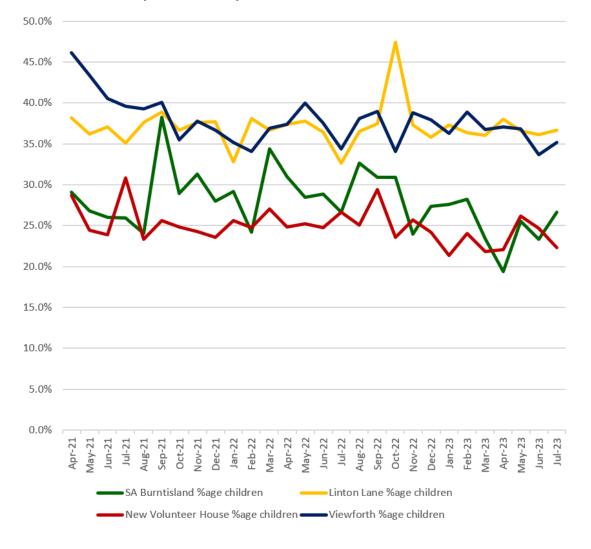


Table showing the total number of adults and children provided with food and the percentage of children in the past 12 months NB: as the adults and children may be provided with food more than once in the month, this is not a count of the total number of individual adults and children we have helped.

	ADULTS	CHILDREN	%AGE CHILDREN
Jul-22	1641	779	32.2%
Aug-22	2152	1171	35.2%
Sep-22	2167	1228	36.2%
Oct-22	1855	1086	36.9%
Nov-22	2008	1096	35.3%
Dec-22	2013	1065	34.6%
Jan-23	2385	1209	33.6%
Feb-23	2356	1265	34.9%
Mar-23	2694	1329	33.0%
Apr-23	2251	1153	33.9%
May-23	2640	1370	34.2%
Jun-23	2461	1209	32.9%
Jul-23	2441	1194	32.8%
TOTAL %A	GE CHILDRE	33.6%	

Graph showing the percentage of children being provided with food at each of our distribution points since April 2021



Graph showing the number of visits to our distribution points since February 2022

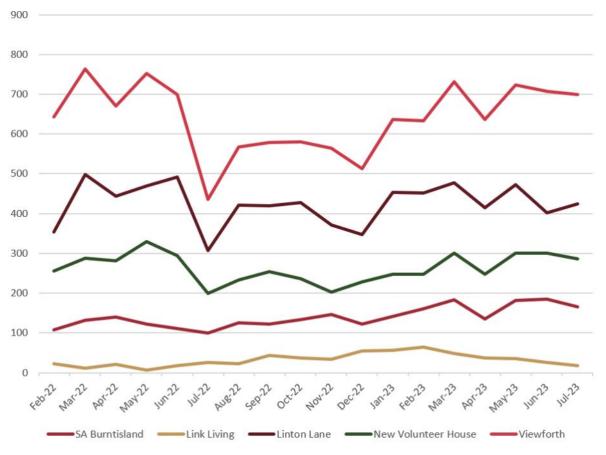
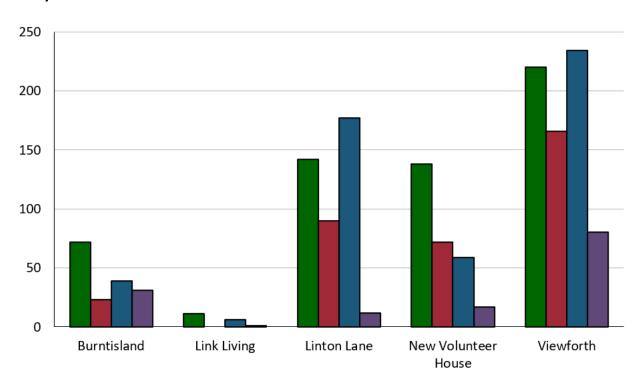


Table showing the percentage of our visits to our distribution points since February 2022

	SA Burntisland	Link Living	Linton Lane	New Volunteer House	Viewforth
Feb-22	7.8%	1.6%	25.6%	18.5%	46.6%
Mar-22	7.8%	0.7%	29.5%	16.9%	45.1%
Apr-22	9.0%	1.3%	28.5%	18.1%	43.1%
May-22	7.3%	0.4%	28.0%	19.6%	44.8%
Jun-22	6.9%	1.1%	30.5%	18.2%	43.3%
Jul-22	9.4%	2.4%	28.7%	18.7%	40.7%
Aug-22	9.2%	1.6%	30.8%	17.0%	41.4%
Sep-22	8.7%	3.1%	29.6%	17.9%	40.7%
Oct-22	9.5%	2.6%	30.2%	16.7%	41.1%
Nov-22	11.1%	2.5%	28.2%	15.4%	42.8%
Dec-22	9.7%	4.3%	27.5%	18.1%	40.5%
Jan-23	9.3%	3.6%	29.6%	16.1%	41.4%
Feb-23	10.3%	4.1%	29.0%	15.9%	40.7%
Mar-23	10.5%	2.8%	27.4%	17.3%	42.0%
Apr-23	9.2%	2.5%	28.2%	16.8%	43.3%
May-23	10.6%	2.1%	27.6%	17.6%	42.2%
Jun-23	11.4%	1.6%	24.8%	18.5%	43.6%
Jul-23	10.4%	1.1%	26.6%	18.0%	43.9%
TOTAL	9.9%	2.3%	30.1%	18.6%	42.6%

Graphs showing parcel types provided from each of our distribution points in the last 2 months

July 2023



■ Single ■ Couple ■ Family ■ Extras only

June 2023

