

Data Report: January 2025 (showing data to the end of December 2024)

This report provides data on Foodbank use up to the previous month.

Key messages from the data:

- From 1 July we have no longer operated a distribution point in Burntisland. Until that date, around 10% of our monthly visits were to Burntisland.
- In December we had 18% less visits than in December 2023. Graph 1 shows that December 2024 had our 2nd lowest number of visits in the last 5 years.
- In 2024, our total visits have been 11% less than in 2023. When visits to Burntisland are taken out of the calculation, we have had 6.5% less visits than in 2023.
- GRAPH 2 shows the total number of visits since February 2022. The figures in this graph include the additional visits for extras only but do not include visits to Burntisland. Its shows a downward trend in visits since August 2024.
- In 10 of the 12 months in 2024 we had less visits when compared to the corresponding month in 2023 (see TABLE 1 and the yellow line on GRAPH 1 on page 2). This remains the position even when visits to Burntisland are not included.
- The proportion of family sized parcels given out in December reduced significantly. This preceded our change of practice in January 2025, when we started asking clients to confirm the number in their household (see TABLE 2 on page 3). TABLE 2 shows that over 2024 as a whole the proportion of family sized parcels has been less than in 2023.
- However, GRAPH 4 on page 4 shows there was a decrease in all parcel sizes over the last few months. This, alongside the reducing proportion of family sized parcels has resulted in the number of meals we provide now being the lowest since December 2019 (see GRAPH 3).
- TABLE 3 shows that the proportion of people receiving food from us who are children was 30% in 2024. This is lower than in the past and reflects the reducing proportion of family sized parcels.
 GRAPH 5 on page 5 shows that the proportion of children receiving food is quite different in each of our 3 distribution points – highest at Linton Lane and lowest at New Volunteer House.
- TABLE 4 shows that, with our centre at Burntisland closed, the Park Road Centre had 45% of our visits in December.
- GRAPH 7 on page 7 shows that the types of parcel given out continues to be different at Linton Lane. However, in December the number of family parcels given out there decreased so it is now similar to the number of single parcels given out.

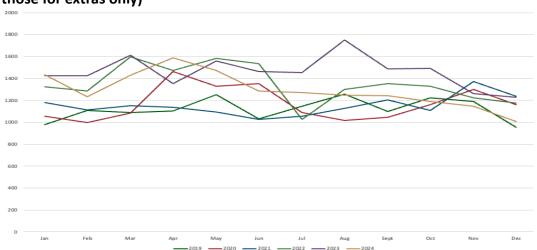
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NUMBER OF VISITS TO THE FOODBANK

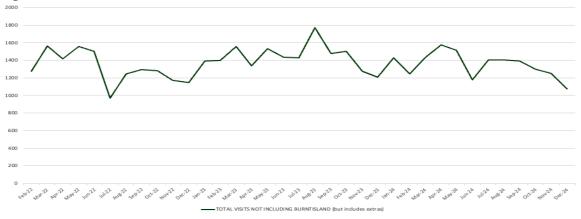
TABLE 1: table showing number of visits (not including visits for extras only) —and the change from the same month in the previous year as a percentage

	2023	2024	% change 2023 - 2024
Jan	1427	1434	0.5%
Feb	1424	1235	-13.3%
Mar	1612	1431	-11.2%
Apr	1352	1587	17.4%
May	1559	1475	-5.4%
Jun	1462	1286	-12.0%
Jul	1452	1270	-12.5%
Aug	1752	1247	-28.8%
Sept	1485	1242	-16.4%
Oct	1492	1191	-20.2%
Nov	1262	1144	-9.4%
Dec	1228	1009	-17.8%
TOTAL FOR YEAR	17507	15551	-11.2%

GRAPH 1: Graph showing year on year comparison of the number of visits (not including those for extras only)



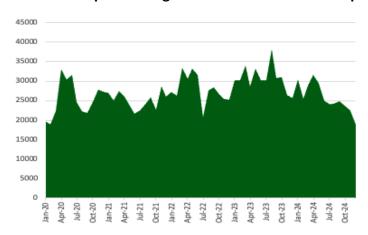
GRAPH 2: Graph showing number of visits (including those for extras only) NB these figures do not include visits to Burntisland



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DIFFERENT PARCEL SIZES DISTRIBUTED AND THE NUMBER OF MEALS PROVIDED

GRAPH 3: Graph showing the total number of meals provided from 2020 to date



(NB the total number of meals figure is calculated by multiplying the number of parcels x size of parcel (single, couple or family etc) x 3 days x 3 meals a day. Therefore it is an indicative and not exact figure. As 'Extras only' means that a full parcel was not given on that visit, they have not been taken into account in calculating the total number of meals or people provided with food.)

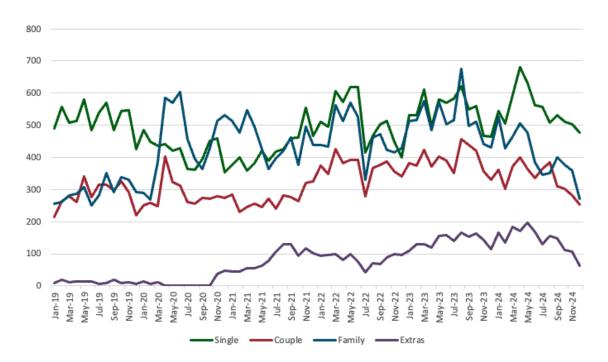
TABLE 2: table showing data from this and previous year on:

- the number of different parcel sizes given out (including extras)
- the total number of meals provided (see methodology above)
- the percentage change from the previous year in the number of meals provided
- the proportion of single parcels and the proportion of family parcels.

month	Single	Couple	Family	Single + Couple	Extras	Total number of meals provided	total number of visits (incl extras)	proportion of singles	proportion of family
Jan-23	531	383	512	1	108	30132	1535	37.2%	35.9%
Feb-23	530	375	516	3	131	30177	1555	37.2%	36.2%
Mar-23	611	423	576	2	129	33903	1741	37.9%	35.7%
Apr-23	494	371	485	2	120	28638	1472	36.5%	35.9%
May-23	579	402	573	5	155	33210	1714	37.1%	36.8%
Jun-23	569	390	502	1	158	30240	1620	38.9%	34.3%
Jul-23	583	351	515	3	141	30186	1593	40.2%	35.5%
Aug-23	621	456	675	0	167	38097	1919	35.4%	38.5%
Sep-23	548	439	498	0	152	30762	1637	36.9%	33.5%
Oct-23	560	421	510	1	164	31005	1656	37.5%	34.2%
Nov-23	467	355	440	0	142	26433	1404	37.0%	34.9%
Dec-23	464	331	432	1	115	25713	1343	37.8%	35.2%
Jan-24	544	362	526	2	167	30402	1601	37.9%	36.7%
Feb-24	505	301	428	1	134	25398	1369	40.9%	34.7%
Mar-24	593	371	464	3	185	28800	1616	41.4%	32.4%
Apr-24	681	399	505	2	170	31545	1757	42.9%	31.8%
May-24	631	364	478	2	197	29493	1672	42.8%	32.4%
Jun-24	562	335	385	4	169	25056	1455	43.7%	29.9%
Jul-24	556	365	347	2	131	24120	1401	43.8%	27.3%
Aug-24	508	385	352	2	155	24228	1402	40.7%	28.2%
Sep-24	532	309	401	0	148	24786	1390	42.8%	32.3%
Oct-24	510	303	378	0	111	23652	1302	42.8%	31.7%
Nov-24	503	281	358	2	107	22527	1251	44.0%	31.3%
Dec-24	478	254	271	6	63	18792	1072	47.4%	26.9%

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GRAPH 4: Graph showing the different parcel sizes given out: 2019 to date

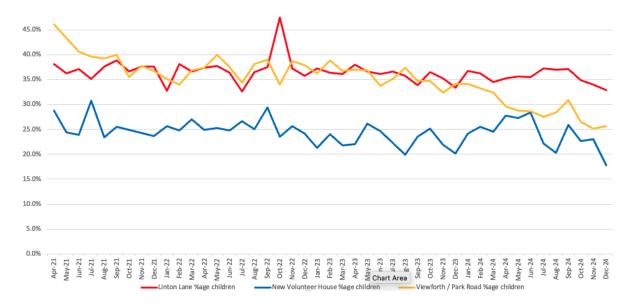


CHILDREN RECEIVING OUR SUPPORT

	ADULTS	CHILDREN	%AGE CHILDREN
Sep-23	2501	1149	31.5%
Oct-23	2556	1240	32.7%
Nov-23	2192	985	31.0%
Dec-23	2109	963	31.3%
Jan-24	2476	1171	32.1%
Feb-24	2057	983	32.3%
Mar-24	2338	1020	30.4%
Apr-24	2598	1144	30.6%
May-24	2473	1070	30.2%
Jun-24	2110	937	30.8%
Jul-24	2021	845	29.5%
Aug-24	2271	1139	33.4%
Sep-24	2071	975	32.0%
Oct-24	1954	779	28.5%
Nov-24	1921	773	28.7%
Dec-24	1572	568	26.5%
TOTAL %AGE CHILDREN IN 2024			30.4%

TABLE 3: Table showing the total number of adults and children provided with food and the percentage of children in the past 12 months NB: as the adults and children may be provided with food more than once in the month, this is not a count of the total number of individual adults and children we have helped.

GRAPH 5: Graph showing the percentage of children being provided with food at each of our distribution points since April 2021



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DISTRIBUTION POINTS

GRAPH 6: Graph showing the number of visits to our distribution points since February 2022

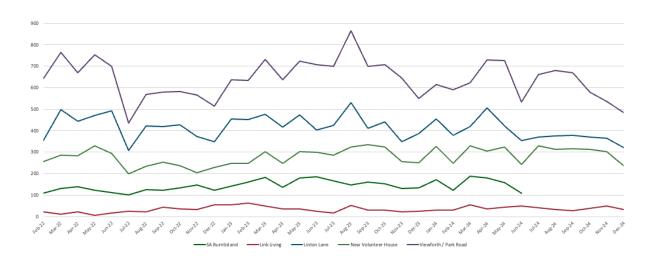
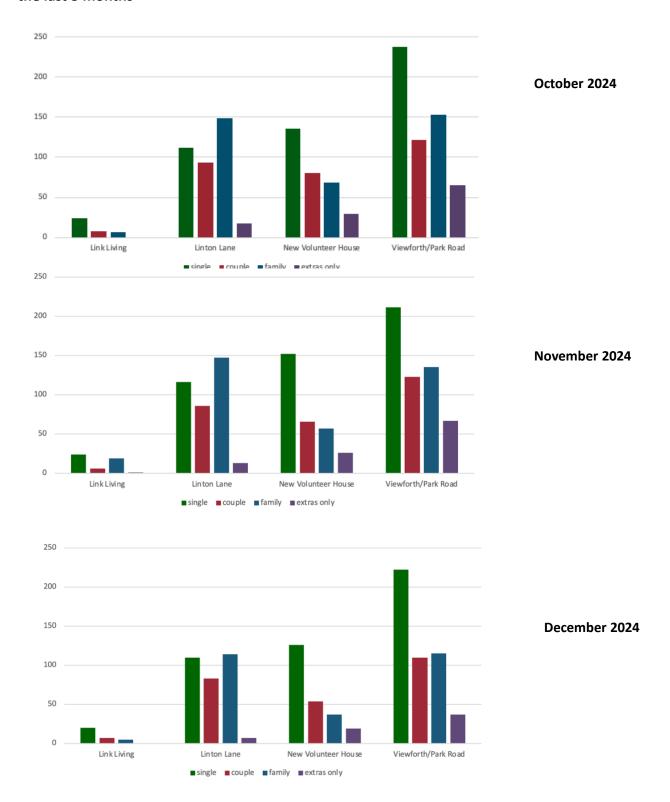


TABLE 4:Table showing the percentage of our visits to our distribution points in the past 12 months

	SA	Link	Linton Lane	New Volunteer	Viewforth /
	Burntisland	Living		House	Park Road
Dec-23	10.0%	1.8%	28.7%	18.7%	40.9%
Jan-24	10.7%	1.9%	28.5%	20.4%	38.5%
Feb-24	8.9%	2.3%	27.6%	18.1%	43.1%
Mar-24	11.6%	3.3%	26.0%	20.4%	38.6%
Apr-24	10.2%	2.0%	28.8%	17.4%	41.5%
May-24	9.4%	2.7%	25.2%	19.3%	43.4%
Jun-24	8.5%	3.7%	27.4%	18.9%	41.4%
Jul-24	0.0%	2.9%	26.5%	23.4%	47.3%
Aug-24	0.0%	2.4%	26.8%	22.3%	48.6%
Sep-24	0.0%	1.9%	27.3%	22.7%	48.1%
Oct-24	0.0%	3.0%	28.5%	24.1%	44.4%
Nov-24	0.0%	4.0%	29.1%	24.1%	42.8%
Dec-24	0.0%	3.0%	29.9%	22.0%	45.1%
TOTAL FOR 2024	5.4%	2.7%	27.5%	20.9%	43.4%

PARCEL SIZES AT OUR DISTRIBUTION POINTS

GRAPH 7: Graphs showing parcel types provided from each of our distribution points in the last 3 months



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